INTRODUCTION

By definition in Ayurveda Dosha (Vata, Pitta & Sleshma) Vyshamyam is termed as disease. This exactly means the abnormality of a tissue in a human body is termed as Disease. This is accepted by all systems dealing with Naturopathy, Homeopathy etc. Ayurveda also states that Dosha Samyam (Harmony) is defined as Health. Siddhas have formulated Ayurvedic Yogas for curing various kinds of diseases by bringing Dosha Vyshamya state back to Dosha Samya state. The manifestation of body is Pancha Bhutaah (Prudhvi, Vayu, Aaapah, Tejeh and Akasam). Because Prudhvi tatwam is predominant in the body, we can think of human body as Pardhivam. Akasa tatwam is a neutral entity in the body. The remaining three tatwams, namely Jalam, Vayu and Agni are fluid characteristics. Since they possess fluidy nature, they are moving through the body continuously through the Dooshyas (Sapta dhatu). Even modern way of expressing human body is manifestation of tissues, cells and minute organisms. These three fluid characteristic tatwams, namely Jala (Aapah), Vayu (air) and Agni (Tejah) are keeping the body alive by nourishing the Sapta Dhatus in the body. Their performance or working nature on the body is to keep it up alive and healthy. Their action on the body is microscopic (not visible). That is why it may be felt that these three tatwams' action is just as that of fine forces which cannot be felt by any observation.

The very idea of this research worker is as follows:-

The abnormality of the three doshams (Vata, Pitta & Sleshma) which originate from the three tatwams (Vayu, Agni and Jalam) are to be tackled and to bring them back to their normality. These three doshams are not existing in crude form. Moreover, it is felt that they originate from the entity which

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seems to be fine material. Therefore, to rectify the abnormal tridoshams the Ayurvedic Yogas formulated by Siddhas must also exist in dynamised form. That is to say, one has to deal with fine forces to rectify the abnormality (disease). It may be pointed out here that this dynamised Ayurvedic Yoga works out on active principle. Under this dynamised state, it is not the mass taking action but only active ions looking after the work. Until to-day the ionic state is felt as most energetic to deal with doshas. It is also the proper way since the doshas and dynamised Yogas are in the finer state. These ideas are purely the thoughts of this research worker.

BACKGROUND OF RESEARCH WORKER

This research worker has studied upto 10th Class in a school upto 1931. Later he has taken up studies in Sanskrit, Kavyas and Vyakarana to some extent for 4 to 5 years. During the period 1940-42, he studied in the RAMA MOHAN AYURVEDIC COLLEGE at GUNTUR in ANDHRA PRADESH. The research worker, out of curiosity and interest, has studied number of books in Naturopathy and books dealing with fine forces, namely Chromotherapy, Hydrotherapy, Homeopathy and Yogasanams.

Then he entered into the field of Ayurveda in the year 1951 at the age of 35 years of the research worker. During the years 1951-70, this research worker practised Ayurveda of traditional system using crude form. Since 1970, he has experience in the field of this new technique, namely dynamised Ayurvedic Yoga. This research worker has formulated and prepared more than 100 types of medicines. Some of the medicines prepared are:--

1. Narayana Jwarankusam
2. Pasupatastram
   (Sarveswara Rasa (inclusive of 9 gems)

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3. Brihat Badabanalam

4. Vishanasana Rasam

5. Maha Vata Vidhwansi

6. Maha Lakshmi Vilasa Rasam

7. Maharaja Mrugankam

8. Maha Jwala Marichi Yogam (by Jnana Jyoti Yateeswara)

and

9. Sarvanga Sundaram.

The Choornams are:--

Tumburvadi Choornam

Agnitunte Vati

Sootha Sekhara Rasa

and many other important yogas compiled from the famous books namely Bhaishajya Ratnavali and Rasayoga Sagaram and Yoga Ratnakaram etc.

During the period of last many years (1970 onwards) the above mentioned dynamised drugs are practised on diseases, namely, Titanus, Typhoid, Pnemonia, Rheumatism, Tuberculosis and several kinds of remnant and intermittent fevers, Chronic malarial fevers, coughs, Chronic diarrhoea, loco motar atoxia (Kalaya Khanja Vata), Gastric troubles and piles etc,

PRINCIPLE AND TECHNIQUE

TITLE: DYNAMISED AYURVEDIC YOGAS

Principle: In general the Ayurvedic Yogas are prepared by mardanams, bhavanas, by oxidisations (Putaahs) and by triturations of the ingredients. This variety of medicine works on the diseased part of the patient due to primary action, potentially. Here the Yoga is in relaxed form of the crude state of drug molecules. The energy that is inherently present in the Yoga is relaxed due to mardanas etc., wherein the

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relaxed energy freely acts on the diseased part of the patient.

The various types of Yogas consisting of ingredients are in the form of Bhasmas and Choornams. For different kinds of diseases, different Yogas are polarised for the sake of proper action when embedded in ginger, betel-leaf rasams etc.

Whatever kind of Yoga is used in any kind of disease with any kind of existence of the medicine, it is only the active principle of the ingredients that works out. The active principle is realised due to the above said Mardanas, Bhavanas oxidisations (Putaah) and triturations. Based upon tridosha siddhanta only (Vata, Pitta and Sleshma), the Yoga (medicine) acts due to group action (i.e. ~~fushipn~~ fusion-energy-releasing union of atomic nuclei to form heavier nucleus). This is a realised fact in the system of Ayurvedic Yoga.

The grouped up action basing upon the active principle which is due to the activised molecular energy of the molecules is imparted to take up the following new technique, namely 'Dynamised Ayurvedic Yoga'.

Dynamised Ayurvedic Yoga:-

By intution it is felt by this research worker, if the Ayurvedic Yoga is actually working on the active principle of the activised molecules, then the Yoga (medicine) can be potentised to the required power. In this state of potency the Yoga (medicine) is activised and also in the excited state. Now if this potentised drug is brought back to the ground state by means of providing suitable environments (आवर्तीय) this Yoga is said to be Dynamised wherein it works due to primary action only. This state of Yoga is known as deactivated molecular state where the molecules can group up to act over a large area of diseased part rather than in the form of potentised drug state.

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Briefly this dynamised Ayurvedic Yoga consists of two steps:--

First Step:-The medicine consisting of ingredients is potentised individually to the required potency by a process similar to Homeopathic diluting method. In this potency state the molecules are activated to higher energy state (excited state).

Second Step:-The potentised drug is brought back to the ground state by suitable environments (the method of preparation will be described later in detail). This state or Yoga is defined by this research worker as 'Dynamised Ayurvedic Yoga'. The word 'Dynamised' is precisely used here because it acts over the diseased part of the body over a large area in lump action, continuously and energetically.

The reason for not using the medicine (Yoga) only in the potentised state is due to the following:--

In the potentised state the molecules of the ingredients are in excited state and when the medicine, if used, acts only due to secondary action. In practice, it is found that the excited state of potentised drug is not yielding any favourable result.

The unfavourable result in the potentised drug state is felt due to the fact that the secondary action of the medicine over the diseased part is not sufficiently acting over the required area.

Hence, this potentised drug is brought back to the ground state by suitable environments only to make use of primary action as it is used in the ancient system of Ayurvedic Yogas. The only difference between the ancient Ayurvedic Yoga and this dynamised Ayurvedic Yoga is as follows.

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In the ancient Ayurvedic Yoga, there is mass action of the ingredients over the diseased part whereas in the dynamised Ayurvedic Yoga (which is obtained after two steps described above), there is no mass action of the drug or medicine over the diseased part of the body. This dynamised drug acts due to the combination of the active principle. The advantages of the dynamised Ayurvedic Yoga over the ancient Ayurvedic Yoga will be dealt with later.

Here it is appropriate to say that in order to obtain the said dynamised Ayurvedic Yoga in the first instance the ingredients are potentised to the required potency by means of dilution method similar to Homeopathy technique. This potentisation is absolutely necessary to have the active principle of drug wherein mass action of the drug is removed. In Homeopathy it is well proved and confirmed scientifically that the potentised drug works on the active principle. The potentised drug is in the ionic form. The dynamised Ayurvedic drug is in the deactivated form in order to have lump action of the molecules over large area.

Definition for Potentisation:--

Potentisation of drug is as follows:--

It is obtained in accordance with succussion and Trituration i.e. one part of substance is mised with 99 parts of solvent (distilled water or alcohol) in order to have the first dilution. I part of that first dilution mixed in another phial with 99 parts of solvents makes the 2nd centesimal dilution. Thus continuing for other dilutions each time changing the phial and giving proper strokes to each phial, we get 3rd, 4th and 5th and so on -- centesimal potency.

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Definition for Deactivation:-

Initially the reactants are taken to an activated state. This is also known as potentised state. Then they react giving out products in a higher energy state. These products are deactivated to the ground state by a suitable environment. The deactivation is accomplished by providing path for the energy transfer from the excited products to other molecules or surroundings. These deactivated ingredients then form as a lump instead of forming as a chain as expected in a potentised state. When formulated into Ayurvedic Yogas this lump is capable of giving the same primary action like the one that is expected from the crude ingredients.

ACTUAL PROCESSING OF THE DYNAMISED AYURVEDIC YOGA

The final form of a dynamised Ayurvedic Yoga consists of combination of several ingredients. It is stressed here that a dynamised Ayurvedic Yoga is obtained in a two-step process. The first step process is involved in potentising the ingredients to the required potency individually. All ingredients cannot be combined to have a collective potentisation. This is due to the fact that different ingredients have different densities, and other physical properties. This is to be understood clearly here that potentisation can be carried out on the ingredients individually but not collectively.

Potentisation of an individual ingredient of dynamised Ayurvedic Yoga.

Gingeber (Ardrakam)

To raise this ingredient to 30th potency is as follows:-

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10 gms. of gingeber (Ardrakam) by weight is taken up. It is crushed partly and mixed with alcohol which is heavier by 7 seven times by weight and preserved for a week in a cool and dark place. Every day it is twice shaken thoroughly and placed in the same way. After seven days the alcohol is decanted. This alcohol has absorbed fully the essence of gingeber during this week's period. This is called as mother tincture or Swarasa. Now in order to raise the potency of this Swarasa the following procedure is adopted. I part of mother tincture and 99 parts of distilled water (or alcohol) is mixed in a phial and successive successions are given up to 20 times or above. Now the power of the mother tincture is one. The same procedure is repeated 30 times. Each time taking from the back potency one part of dilution and mixed with 99 parts of distilled water (or alcohol) in a phial and successive succussions of 20 or above are carried out. The potency of the ingredient is raised to 30.

It may be pointed out here that by way of potentisation to the required potency the passive ingredient in the crude form is converted into the active ingredient in the potentised state (dynamised form). Additionally by raising the potency the mass will be extinct and the active principle remains in a liberated state free from the bond of molecule thus increasing the velocity and making the active principle more powerful. Hence, the side actions that are created when the ingredient is used in the crude form are eliminated since there is no mass action under potentised state. It is only active principle that works out in the potentised state.

It may also be noted here that the potency is raised to 30 because some of the ingredients are readily available in the Homeo-stores or market which are in 30th potency.

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This eliminates the process of raising the potency of ingredients which are already available in the market in 30th potency state. So it is only a question of convenience that the potency of 30 is chosen. Moreover the reactants are very sharp and powerful under 30th potency rather than 12 which was predicted by some famous Homeopaths like KENT. This is also the same experience of this research worker.

Now at this stage this research worker has prepared a suitable medicine with appropriate proportions said in the standard text-books of this individually potentised ingredients. However, it is found that potentised drug prepared from the above individually potentised ingredients is not yielding any result in application. This is taken as a very curious and surprise phenomena.

It is guessed for a considerable length of time to find the ways and means for the failure of the potentised drug. After lapse of so much thinking on the subject, the research worker could come to a conclusion to the failure of the potentised drug for the following reasons:-

1. No doubt, the activity of individual ingredient is raised according to the potency it is kept. However, this activated potentised drug is acting under secondary action. For the system of Ayurveda, primary action is the one which remedies the diseases and secondary action is not useful.

2. Secondly, this activated potentised drug might be acting over the abnormal tissue of the body in a uni-directional way and bombarding the abnormal tissue to a very minute area. Hence, it might be unable to act over a sufficient area of the abnormal tissue to yield proper remedy.

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Now this research worker has adopted the following procedure. As already stated, the secondary action of the potentised drug on one hand and the uni-directional bombardment of the potentised drug over the abnormal tissue of the body on the other are the causes of the failure of the potentised drug.

Now in order to polarise the potentised drug to have multiface of action or a combined group of action over the abnormal tissue, a process just reverse to trituration is adopted i.e., the combined group action is obtained by polarising in multifaces of action of potentised drug. The procedure is I part of neutral (sugar of milk) and 4 parts of potentised drug charged in sugar of milk is taken separately. Out of 4 parts of potentised drug charged in sugar of milk, one part is taken and triturated in the 1 part of neutral (sugar of milk). It is scrapped. Again in the remaining 3 parts of potentised drug charged in sugar of milk one more part is taken and again triturated. It is again scrapped. Third part of potentised drug charged in sugar of milk is taken and triturated with the previously triturated one. The procedure is completed with the remaining part of the potentised drug charged in sugar of milk. Now the potentised drug is embedded in 4 environments. This is one unit. Now this unit of triturated drug (the drug in the 4 environments) is again triturated with 1/4 part of sugar of milk (neutral) 4 times described in the above fashion. At this state, the potentised drug is in 16 environments. The same procedure is repeated until the potentised drug is elivated into one lakh or one million environments. The very idea to dynamise the potentised drug in lakh or 1 million environments is to convert the unidirectional polarised drug into multi-directional polarisation. The very example of converting uni-directional

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polarisation into multi-directional polarisation is just like a badminton ball representing multi-dimensional polarisation. After all the badminton ball is combination of several hundred and thousands of multi-directional polarisations. The woden thread of the badminton ball has only unidirectional polarisation. The multi-directional polarising force arising out of dynamised ayurvedic drug (in 1 lakh or 1 million environments) shall act into the abnormal tissue with definite action. In the unidirectional polarisation the polarised molecules will act by entering into one direction and leave from the other way. In the multi-directional polarisation force the acting molecules have every scope to enter and affinitise with the disease force and bring back the abnormal tissue to its original state, whereas it is not the case with the unidirectional polarisation.

The net effect is; there is lump action of the dynamised Ayurvedic Yoga over the abnormal tissue confined to a sufficiently large area.

However, it must be pointed out here that potentised drug under unidirectional polarising force has tremendous velocity whereas the deactivated dynamised drug acting under multi-directional polarising force has lost considerable amount of velocity and slowed down in the impact. The many ingredients conjoined under multi polarising force come under group action and causes primary action as depicted in the ancient Ayurveda. Thus the combined group action of the multi-ingredients paves the way to act on the abnormal tissue as depicted in the ancient system of Ayurvedic Yoga. The sole reason to take deactivation (energy transfer) is adopted for this purpose of utilising ancient system of Ayurveda.

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NEW VARIETY OF MEDICINES

APPLICATION ASPECT (ADMINISTRATION)

RESULTS AND THE STATISTICAL DATA

New Variety of Medicines:-

1. Anthra Soshantaka Rasa (From Rasa Yoga Sagaram):

This medicine is formulated in the dynamised form and according to the procedure depicted in the above mentioned book (Rasa Yoga Sagaram). This medicine is administered especially for the following disease, namely Deergha Kalika Antra Sosha (Chronic Entritis). This medicine worked out successfully. The cure is definite. The duration of the treatment is 3 weeks.

2. Dhanurvata Bhanjana Rasa (for Titanus)(From Rasa Yoga Sagaram):

The dynamised medicine of this is formulated in accordance with the procedure given in Rasa Yoga Sagaram.

The disease Titanus was cured in 10 days. It is successful.

3. Maha Sindhura Bhushanam (From Rasa Yoga Sagaram) by Revana Siddha:

This dynamised form of this medicine is administered in the diseases like leprosy. It worked out extremely well. The duration of the treatment is about 3 months.

4. Maha Vata Vidhwansini (From Yoga Ratnakara):

This dynamised form of medicine is administered in the following diseases. They are head ache in females arising out of reflex action of dislocation of uterus. It is used in Prasuti Vata, Sciatica, and many other forms of Vatas. The results are excellent.

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5. SUVARNA BHUPATI (Rasa Tantra Saram)

6. BRIHAT BADA BANALAM (From Sagaram)

These two medicines are administered in Kalaya Khanja Vata (Loco Motar Atoxia). The results are good and highly beneficial.

7. BRIHAT SUCHIKA BHARANAM (From Bishajya Ratnavali):

This is used in acute cholera like ~~diarheoa~~ diarrheoa and in the collapsing state of this disease. This worked out well and saved number of persons from the calamity.

8. MAHA LAKSHMI VILAS RASA (From Yoga Ratnakara):

This dynamised Ayurvedic Yoga is used in the early stage of tuberculosis (consumption) and also in debility. The results are very good.

9. MRITOTHAPANA RASA (From Rasa Yoga Sagaram Vyasa Proktam)

This is administered in diseases, namely, pneumonia, typhoid and collapsing state of these diseases. It yielded very favourable results.

10. VATA GAJANKUSA (From Bishajya Ratnavali) and Sameera Pannaga (Rasa Tantra Saram):

These two medicines are administered in chronic sciatica. It worked out very well.

11. NARAYANA JWARANKUSA (From Yoga Ratnakara):

This medicine is properly administered for various kinds of malarial fevers (Vishama Jwara) and intermittent fevers. The results are superb. This is none to second. Some malarial fevers which are not controlled by Quinine medicine used by Allopaths, could be eliminated completely by the Narayana Jwarankusa.

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12. AGHORA NARASIMHA RASA (From Sagaram):

This tremendous medicine is administered in chronic fevers originating from suppressed malarial fever or other chronic fevers.

13. AGNI TUNDI VATI (From Sagaram):

This dynamised drug is administered in Rheumatic fever and Agni Mandya. The results are extremely good.

It may be mentioned here that this research worker has prepared more than 100 variety of medicines in the dynamised Ayurvedic Yoga. He has also formulated many Choornas and combination of Choornas.

Statistically it may be pointed out that hundreds of number of patients were cured suffering from a variety of diseases during the last few years.

COMPARISON & CONTRAST BETWEEN THIS AYURVEDIC YOGA AND OTHER SYSTEMS OF MEDICINE:

1. Since the dynamised Ayurvedic Yoga is working under active principle and does not possess mass action, there are no side-effects whereas in traditional Ayurvedic Yoga combined with arsenic, aconite and such other poisonous drugs or allopathy there may be side-effects by consuming medicines over a long period.

2. The duration of this treatment with this dynamised Ayurvedic Yoga is roughly the same when compared to traditional Ayurvedic treatment.

3. Even though very powerful combination of ingredients are used to formulate dynamised Ayurvedic Yoga, the tolerance of the medicine on the patient is very high, that is to say, it can be administered on the patient until it yields favourable results.

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4. Instead of twice or thrice administering the drug daily which is the usual practice in traditional ayurvedic treatment this dynamised ayurvedic drug can be administered 4 to 5 times, a day when it is needed.

ADVANTAGES OF THIS NEW DYNAMISED AYURVEDIC YOGA OVER OTHER SYSTEMS

1. Duration of the treatment whether it is short period or long period, has no side effects whatsoever on the patient. To this effect, this research worker has achieved considerable amount of experience for the last many years.

2. The dynamised ayurvedic yoga (medicine) can be prepared in any form desired i.e, this can be prepared in the form of a pill, tablet, powdered form, capsule, tonic or in the form of an injection. It is also established through the vast experience of this research worker when the medicine is administered in the form of an injection the results are very quick and the duration of the treatment has gone down considerably.

3. When this new dynamised ayurvedic yoga is administered to a patient suffering from a particular disease, this medicine not only remedies that particular disease by way of bringing the abnormal tissue to its normal shape and state but also exposes other forms of ailments whatsoever that are hidden or suppressed in the patient in the past. Then it is very easy to cure any ailment that is exposed either from this dynamised ayurvedic yoga or from any other system of medicine. Sometimes it is found that the exposed disease suppresses by itself for which no treatment is required otherwise it is to be treated first.

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4. It is also found and established that this dynamised drug works from within to outward direction rather than suppressing the disease or untouching the disease.

5. This dynamised drug is very cheap by cost and available to common man. This is because since this is potentised and deactivated through environments and hence the mass of the ingredients is extremely less i.e., even when very costly ingredients like gold, diamonds, precious stones, musk are used. The cost of the dynamised drug is reasonably at low level.

6. It is universally known that to prepare traditional ayurvedic drugs it takes months together because of the involvement of different processes, namely mardans, bhavanas, exidisation (putaah) or triturations etc., whereas in the case of dynamised ayurvedic yoga it can be prepared within few hours and definitely not more than a day. This is evident since all the ingredients to form the required medicine are already potentised and deactivated into ground state and kept ready. It was also written in the principle part of this dynamised ayurvedic yoga that the ingredients of this dynamised ayurvedic yoga are potentised individually and not collectively. The ingredients are usually potentised and deactivated to the ground state and preserved in sugar of milk. Thus preserved ingredients do not lose their power or quality for any number of years unlike other forms of crude ayurvedic drugs.

7. The carriers that are usually used to store the dynamised drug are sugar of milk, destilled water. These carriers are sweetish and hence the dynamised drugs are tasty. They can be swallowed or chewed by adults or children easily.

8. Most wonderful and outstanding feature of this dynamised ayurvedic yoga is that even 1 gram of raw material of any

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ingredient is more than sufficient for any practising ayurvedic doctor for more than 60 years. This appears to be incredible but still it is a fact. This is the greatness of this new technique involving potentisation and deactivation.

9. Practically it is observed that a potentised ingredient is having more energy to function actively. Even after deactivation, it is found that group action of the ions is more abundant to work very quickly. This is active principle of the drug.

10. The anupanas can be prepared in the form of sugar of milk or a tablet. Hence, anupanam and the dynamised ayurvedic drug can be readily administered at a time easily. These dynamised drugs can be carried along with us to any place. They can be taken orally 3 times or 4 times, a day by a person because of no side effects.

CONTRIBUTION OF THIS NEW TECHNIQUE IN THE DEVELOPMENT OF AYURVEDA:

It is a fact that Ayurveda was a powerful tool of medicine in good olden days. This was true because preparation of drug was perfect, administration was good and things alike. It could also be the reason that allopathy and other systems of medicine were not there in those days.

As time advances, in these modern days it is a common understanding throughout India and elsewhere that the ayurveda has lost its charm. It is a common belief that treatment through ayurveda consumes a very long period compared to modern medicine. It may also be the reason that now-a-days the number of ayurvedic druggists are diminishing or the required ingredients or rare herbs are very costly and hence the preparation is too prohibitive. At the same time, to prepare

a particular medicine it may take some months. Apart from all other reasons stated above, perfect preparation of ayurvedic drug in accordance with the depicted combination of ingredients combines in proper proportion might be lacking. Now all the above mentioned reasons are perhaps responsible for low percentage of consumption of Ayurvedic medicine throughout India. Now this dynamised Ayurvedic Yoga has the specific and special advantage mentioned below to popularise the ancient ayurvedic yogas formulated by Siddhas from costly herbs, ingredients etc.

1. The dynamised Yoga consumes negligibly small amount of ingredients to have final stage of medicine. This automatically controls the price which would be in the reach of common man.

2. To make ayurveda popular, the dynamised ayurvedic yoga can compose medicine in the form of a tablet, capsule, injection or tonic on par with allopathic medicines.

3. The administration of medicine is very easier and hence it should be popular.

CONCLUSION

The introduction, the principle, the processing of this dynamised ayurvedic yoga, preparation of various kinds of medicines and their administration on different diseases are purely the faithful results of research ideas of this research worker for the last so many years. There could be least doubt on the mode of processing of variety of medicines. This research worker is ready to send any sample of medicine for testing and also for administration of the medicine on a particular disease

Basing upon his research in the last few years, he is putting his ideas mentioned and written in the above particular fashion.

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The facts, figures and explanation given above are true to the best of his knowledge.

Either the medicine can be tested or the processing of the medicine can also be verified. From the practical point of view it is felt it can be administered on a particular disease mentioned above. It is to be pointed out here that he has prepared this subject matter based upon solely his research in ayurveda, his understanding on ancient system of ayurveda and his ideas and thoughts on ayurveda.

Vast majority of society time and again are appealing to rebuild the ancient system of ayurveda to regain its charm and make it modernised and popularised on par with modern medicine. This is the true inspiration for the research worker to take up this dynamised ayurvedic yoga.

To the best of the knowledge and belief the research worker feels, nobody else in this country has formulated this type of dynamised ayurvedic Yogas.

So far this material is not published anywhere in any journal or any newspaper etc.

Before concluding, it is to be pointed out here clearly that whole description written above in the form of technique, principle, formulation, results and discussion is not any way deviation from ancient system of Ayurveda which is solely based upon Tridosha Siddhanta. It is only modernised form (Dynamised) form of Ayurvedic Yogas that are originally formulated by Siddhas. Even the application aspect of this modernised (Dynamised) ayurvedic Oushadha yogas are not distinct from tackling Tridosha Vyshamya state back to its normal state.

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Therefore, it is to be understood that this dynamised ayurvedic Oushadha yogas are totally compatible either in preparation or in application from that of ancient traditional ayurvedic system.

These dynamised ayurvedic Oushadha yogas can be prepared without any hesitation or confusion because of the fact it yields the same amount of results when the same medicine was administered in its crude or traditional form of ayurvedic yoga. Practically from the point of application, there is no difference at all in getting favourable results from this dynamised ayurvedic Oushadha yogas as from that of crude Ayurveda Oushadhas.

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